

HIKING & BIKING

TRAILS

Deer Run Trail is a 1.15 mile trail one way through forest with a slight elevation change. Park your vehicle at the Park Office, and the trailhead is located on the park road just south of the office. The trail ends at Paradise Cove Road, where you can loop back on Whispering Pines trail, continue down Eagle Roost Trail, or turn around.

Whispering Pines is a 2.3 mile trail system through a short-leaf pine forest that can be navigated several ways for different distances. Popular for hikers and mountain biking, this trail system also features a single track section, old runways, and water views. There are several trailhead options for Whispering Pines. If you park at the Park Office, a 3.1 mile loop may be hiked by combining Deer Run & Whispering Pines trails.

Eagle Roost is a 1 mile trail system through the forest with rocky terrain. This trail features the historic Ka-tee Cochran grave site. The trailhead is located off the Paradise Cove road.

Hackberry Gap Trail is a .7 mile trail that connects Sequoyah Paved Trail to Whispering Pines. This trail features a historic pond, stream crossings, and a diverse woodland area. This is our newest trail.

Bluebird Trail is a 1.4 mile trail one way through forest and flood plain. The low trail may not be accessible during high water, but the high trail hikes above the flood plain and features a trail bridge. When accessible, a loop can be hiked. Bluebird is a visitor favorite for bird and wildlife viewing. The trail begins at the Chickasaw Primitive Area.

Scissortail Trail is a .21 mile ADA paved trail in the Cherokee Campground area. This trail meanders through forest, perfect for families and guests of all ages and abilities. Cherokee Campground is not accessible during the off-season.

Nature Loop is a .55 mile trail loop between the Nature Center and Sequoyah Lodge featuring boulders, ferns, cacti, and forest. This trail is popular for families. Park at the Nature Center, and the trailhead is located between Park 10 Road and the service road.

Fossil Trail is a .8 mile trail one way that traverses the rocky edge of the peninsula where fossils can be seen! Be prepared to scramble among the rocks to see the fossils, and avoid parts of the trail that may be under water. This trail begins behind the Nature Center with an alternative trailhead East of Sequoyah Lodge during low water. Great for sunrise!

Three Forks Trail is a .48 mile trail one way connecting the Fossil Trail to the Choctaw RV Area. This hike is a well-shaded forest hike featuring boulders and lake views.

Sequoyah Paved Trail is a 1.7 mile paved trail one way and follows along Park 10 Road between the Nature Center and Cherokee Campground Road. Although paved, this is a popular trail for walking, hiking, and cycling with some big hills and shady forested areas. Parts of the trail are subject to flooding during high water.

Fitness Trail is a .63 mile paved trail one way between the Nature Center and Sequoyah Lodge featuring fitness goal stations along this lakeview trail. This trail can connect the Sequoyah Paved Trail all the way to Inspiration Point.

Inspiration Point is a short sidewalk stroll past Sequoyah Lodge to the point of the peninsula with views of the Fort Gibson Dam. Inspiration Point is the best place in the park for sunrise and sunset with lake views to the east and west!

SEQUOYAH STATE PARK

∞ **Ask for a trail map of our Big Loop, connecting 12 miles of trail in the park!**

