Trails of Natural Falls State Park

1. Dripping Springs Trail:

This ½ mile traverses along its namesake, "Dripping Springs". Enjoy an accessible walk to the overlook at the top of the 77' Ozark springs. Those that wish may enjoy a hike down 47 steps to the base of the falls. Please STAY ON THE ELEVATED BOARDWALK TRAIL – help protect our resources. Many of the ferns, mosses, liverworts and other plants are very sensitive to foot traffic.

To continue along the stream and around the lake, take a turn at the cedar bench halfway up the hill. This loop will take you to the fishing area of the lake and up a steep incline to some breathtaking views along the bluff. Watch your steps on the natural surface path as many areas end in a bluff with drops of 100' or more.

At the top of the hill this trail will intersect with the Ghost Coon Trail. Both trails will take you to a south entrance of the expansion bridge – a 110' high crossing over the spring valley. Enjoy scenic beauty from the treetops with a birds-eye view of the falls as you circle back to the start of the trail. Walking time is 45 minutes. Entrance to overlook is A.D.A. accessible, remaining trail is Moderate to Difficult

2. Bear Trail:

This 1/10th of a mile trail starts near the Rankin RV Area and descends quickly down to meet up with the Dripping Springs Trail near the lake area; look for the hidden Ozark spring. This trail is a steep and technical hike, proper rugged footwear is suggested. Walking time is 10 minutes (downhill). Difficult

3. Ghost Coon Trail:

Like the animal it is named for, this trail meanders along from the forest edge to the stream bank to wind-swept prairie fields. This 1.3 mile trail offers scenic views of the falls, native prairie and high bluff overlooks adjoining the Dripping Spring Trail. Walking time is 1 hour and 15 minutes. Moderate

4. Fox Den Trail:

Nestled between the tent and RV area, this 1.5 mile trail travels down to a rock overhang and cavern area and to the stream below the dam. With significant elevation change, this trail can be a challenge. Let's see who can spot the mushroom rock or fox denning area on the way. Walking time is 1 hour. Difficult

5. Pine Ridge Trail:

This ¾ mile paved, multi-use trail connects all areas of the park together. Caution, it does cross park roads. Portions west of the park visitor center area A.D.A. accessible; the remaining trail gradually slopes from the office, to the shelter and down to the entrance of Drippings Springs. Grab your bikes and skate board kids and let's get moving. (No motorized vehicles allowed) Walking time is 30 minutes. Easy

Please follow these rules while on the trails:

- 1. Stay on the designated pathways/marked areas and do not cut through. Your foot traffic can have an effect on these sensitive areas.
- 2. Use the trash receptacles available. Pack all your litter out along the trails and place in receptacles. Let's help keep Oklahoma beautiful!
- 3. Emergencies report all emergencies to the park office. Policy/Ambulance Dial 911
- 4. All trails close at dusk.
- 5. Pets must be kept on a 10' or less leash at all times, even good dogs. Please pick up and properly dispose of pet waste.
- 6. No picking of wildflowers, plant parts, rocks or artifacts.
- 7. Have an enjoyable day at Natural Falls State Park. Return often and bring a friend to this scenic spot in the Ozarks.

Enjoy your stay in an Oklahoma State Park
For more information go to <u>travelok.com/naturalfalls</u> or contact the park office at 918-422-5802
\$10 parking pass / Text P4620 to 504-504 to pay.