

Coming to SouthEastern OK? Let me be the first to welcome you to [Poteau, OK](#) and specifically to the heartbeat of our city, [Historic Downtown Poteau](#). Here you will find something for everyone. (Local paper addition... Wait, YOU LIVE HERE...Well then let me remind you of just a few of the great amenities you have right here in your backyard!) My name is Mary Parham and I'm the Executive Director for Poteau Mainstreet. I love to travel and when I do, I seek out unique places to visit, eat, see and enjoy. The pandemic has halted most travel for everyone. So if Poteau is close enough to be a day trip or even an overnight trip, here are some of the unique things we have to offer, in my opinion. Everyone is different and therefore we notice and enjoy different things in life, these are just a few of the things that I think I would enjoy if I visited the area, rather than lived here.

Hikers, Bikers, Runners and Walkers from all over, come to the peaceful town of Poteau for [The Old Frisco Trail](#) experience which is named after the railroad that used to occupy the trail & is 6.5 miles long and even lit at night. The Poteau Chamber is a great partner to us and they host an annual run/walk on the Frisco trail that coincides with Poteau Mainstreet Matters annual car show, [Wheels-n-Deals](#), at the end of September. Additionally they seek the opportunity to see [Cavanal](#), known as "The World's Highest Hill" and listed in the Genius Book of World Records. Cavanal is located on the west side of town and provides you with stunning views as well as an annual run/walk known as "The Cavanal Killer".

Foodies with or without children should start by checking out everything the [Poteau Mainstreet](#) district has to offer! Breakfast and locally roasted specialty coffee at "[The Coffee Cup](#)", Lunch at [Roma's Italian Eatery](#) which is located next door to one of our [historic landmarks](#), the Leflore Co Court House, and of course Dinner at the famous "[Warehouse Willy's](#)" is a must! We have a rich history all across Leflore Co in trains and coal mining. Those with an interest in restored/repurposed train cars or runestones will want to also visit Heavener, OK which is just south of Poteau. I recommend that you eat at the "[Southern Belle](#)" after you visit [Heavener Runestone Park](#), before heading back to Poteau!!

Experience Seekers who find themselves visiting on the first Friday of the month can take advantage of lots of extra things happening on Dewey Avenue! [Poteau Mainstreet hosts](#) monthly First Fridays that starts with a great [farmers market](#) and Yoga in the park, followed by a series of games which can be played at your leisure or with others in a more competitive scene (signups for organized competitions such as our 3 on 3 streetball event will be available online and in person). We have ZUMBA in the street around 5pm and then we stroll right into a relaxing evening of live music with beer, wine, as well as a variety of non-alcoholic drinks and snacks in Town Square, better known as [The Pocket Park](#). The Viking Axe Lodge (Axe throwing) is located across the street from the park and offers individual and group options. If you've never thrown an axe at a target, this is a must try for all ages! There are several shops on Dewey and around Poteau for all you SHOP LOCAL/SHOP SMALL patrons! We are creating a virtual tour and building out each shop with online options for you to use. Keep up with the developments of that on the Poteau Mainstreet [Website](#).

Weekend Getaways - You better just plan on spending the night because you can't miss out on [The Lowrey Hotel/Museum](#) in the heart of downtown which is a three story, historic hotel that has been fully restored and turned into the Leflore Co Museum. I'd recommend a cabin at [Long Lake Resort](#) just south of town, which offers a whole array of options for relaxing and entertainment. We have two beautiful golf courses, [Choctaw Country Club](#) and [Wolf Ridge](#). You will also want to take the self guided walking tour of our downtown district either before or after you tour the museum. Home Cooking breakfast at [Roberta's](#) Cafe in Poteau or The [Lumberjack](#) in Howe will get your second day started off right!

Follow us on [Instagram](#), [Facebook](#) and [TikTok](#) (#welovepoteau) to keep up with the latest developments on Historic Renovations, New Businesses, Upcoming Events and everything happening on and around Poteau Mainstreet!

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