



LAKE MURRAY
LODGE
RESTAURANT MENU

HOURS OF OPERATION:
MONDAY-THURSDAY 7AM-8PM
FRIDAY AND SATURDAY 7AM-9PM

OKLAHOMA
STATE PARKS


TRAVEL**OK**.COM



the BLUE HERON

appetizers

Chips, Queso & Salsa \$7
Crispy tortilla chips served with our white queso & beef.

Spinach and Artichoke Dip with Chips \$7

Fried Green Beans \$7
Delicately battered & fried.
With your choice of dipping sauces.

Chicken Tenders \$7
With your choice of dipping sauces.

Tower of Rings \$7
With your choice of dipping sauces.

Cheese Quesadilla Supreme \$7
Filled with cheese, black beans, onions & cilantro. Served with sour cream and salsa. Add grilled chicken for \$2.

Provolone Cheese Sticks \$8
5 lightly breaded, served with a marinara dipping sauce.

salads \$8 Each

Grilled Chicken Caesar Salad
Fresh romaine lettuce, grilled chicken strips, shaved parmesan cheese & herb croutons. Tossed in our special caesar dressing.

Chef Salad
Smoked turkey, ham and bacon accent this classic salad. Accompanied by sliced eggs, fresh tomatoes, herb croutons & shaved parmesan cheese.

Chicken Tender Salad
House greens topped with crispy chicken tenders, diced tomatoes, cheese & bacon.

Chicken Salad
Chicken salad, served on a bed of lettuce with a hard-boiled egg, olives, pickle spear, tomato and choice of dressing.

Taco Salad
Your choice of beef or chicken, crisp lettuce salad, tomato, cheddar cheese and salsa.

sandwiches & wraps

\$9 Each

Served with fresh mesquite potato chips.
**Substitute french fries or dinner salad for \$1.*

French Dip on Toasted Hoagie Bun
Fresh sliced roast beef with au-jus and a pickle spear.

Pulled Pork with Cheddar
Smokey-sweet pulled pork topped with melted cheddar & caramelized onions on a toasted bun.

Smoked Turkey with Bacon & Cheddar
On wheatberry, sourdough bread or wrap with lettuce, bacon, cheddar cheese and herb mayonnaise.

Chipotle Philly Beef Wrap
Shaved, tender beef strips with grilled onions, peppers, mozzarella cheese & chipotle spread, wrapped in a herb garlic tortilla.

Grilled Chicken Wrap
Fajita chicken, lettuce, tomato, onions, green peppers, cheddar and jack cheese with chipotle spread, wrapped in an herb garlic tortilla.

Country Chicken Salad on Hearty Wheatberry Bread or Wrap
Prepared with dried cranberries & pecans with romaine lettuce & tomato.

Club Sandwich
Double decker served on toasted bread or wrap, ham, turkey, bacon, lettuce & tomato, mayonnaise and pickle spear.

Patty Melt
1/3 pound ground beef patty. Served on rye with swiss cheese, choice of cottage cheese and fruit or chips.

Reuben
Hot sandwich with corned beef, Swiss cheese, sauerkraut, and Russian dressing, grilled between slices of rye bread.

An 18% gratuity will be added to parties of 8 or more.

Fresh Made Soup of the Day
Cup \$4

build your own burger

\$8 Each

Served on a toasted bun with lettuce, tomato, pickle spear & french fries.

*Substitute onion rings for \$2.

Third Pound Burger

With your choice of cheese & spreads.

Cheese: cheddar, american, provolone, pepperjack, swiss, or blue cheese.

Spreads: chipotle mayonnaise, chili-lime ranch, caesar dressing, herb mayonnaise, BBQ sauce or steak sauce.

Add additional toppings 75¢ each

Bacon, grilled onions, jalapeno relish, mushrooms, onion ring, fried onions or battered jalapenos, extra cheese.

Vegetarian Burger

Also available with any of the cheese, spreads or toppings.

okie favorites

\$11 Each

*Substitute a dinner salad or sweet potato for \$2

Chicken Fried Steak

With mashed potatoes, country gravy & vegetable of the day.

BBQ Pulled Pork Dinner

Pulled pork with our special recipe BBQ sauce. Served with mashed potatoes & vegetable of the day.

Chicken Strip Dinner

Charbroiled or fried with creamy gravy, choice of potato and vegetable of the day.

Catfish Dinner

Fried, grilled, or blackened catfish served with hushpuppies, fries & fresh coleslaw.

Chicken Fried Chicken

With mashed potatoes, gravy & vegetable of the day.

Char Grilled Chicken Breast

Served with choice of baked potato, mashed potatoes or french fries & vegetable of the day.

8 oz. Pork Chop

Grilled over an open flame & served with choice of baked potato or french fries & vegetable of the day.

*Add grilled onions & mushrooms for only \$1.

usda choice rib eye steak

A 10 oz. steak grilled over an open flame & served with choice of baked potato, mashed potatoes or french fries & vegetable of the day. **\$21**

Grilled Sirloin Steak

With choice of baked potato or french fries & vegetable of the day. **\$16**

kids menu

\$5 Each

A lighter portion for kids of all ages. Choice of one: fries, veggie of the day, or fruit cup. Drink included for children 6 & under.

(3) Chicken Strips (Charbroiled or Fried)

Pizza

Corn Dog

Cheese Quesadilla

Mac & Cheese

(2) Beef Sliders

On the Side

Baked Potato (Loaded - add \$1) **\$3**

Sweet Potato (seasonal) **\$3**

Mashed Potato **\$2**

French Fries **\$2**

Sweet Potato Waffle Fries **\$3**

Chips **\$2**

Fried Okra **\$2**

Veggie of the Day **\$2**

Side Salad **\$3**

Cottage Cheese **\$3**

Fresh Fruit (Seasonal) **\$3**

Desserts

Add one scoop of ice cream \$1.50. Extra toppings: strawberry, chocolate, caramel, cherry \$1.

Chocolate Cobbler \$8

Warm fudge brownie with scoop of vanilla ice cream, drizzled with chocolate sauce, topped with whipped cream & cherry.

Fruit Cobbler \$4

NY Style Cheesecake \$4

With strawberry or chocolate sauce.

Pecan Ball \$6

Generous scoop of vanilla ice cream rolled in chopped pecans, topped with hot fudge & whipped topping.



the

BLUE HERON

breakfast

Served from 7am - 10:30am

Healthy Start

Fresh Yogurt Parfait \$5

Fruit, vanilla yogurt & granola to start your day right.

Bowl of Fresh Fruit \$4 Cereal \$3

Quaker™ Oatmeal \$4

Served with raisins, brown sugar & toast.

Pancake stacks

Full Stack \$5

3 pancakes topped with butter & warm syrup.

Short Stack \$4

2 pancakes topped with butter & warm syrup.

Lighter Side \$3

1 pancake topped with butter & warm syrup.

French Toast \$5

With cinnamon & sugar or hot apple topping.

Add \$1.50 for additional toppings. Choice of berries, pecans or chocolate chips.

build your own omelette

\$8 Each with hashbrowns & choice of toast or biscuit & gravy.

Choose three of the following fillings:

Bacon, ham, sausage, mushrooms, peppers, onions, cheese, green chilies, green onion & jalapeno relish.

Each additional filling 75¢.

Breakfast Basics

With hashbrowns & choice of toast or biscuit & gravy.

One Egg \$6

Any style

Your choice of bacon (2), Sausage (2) or ham.

Two Egg \$7

Any style

Your choice of bacon (2), Sausage (2) or ham.

three egg country scrambles

\$8 Each

All scrambles topped with melted cheddar-jack cheese & served with hashbrowns & choice of biscuit & gravy or toast.

Fresh Vegetable Scrambles

Bacon & Onion Scrambles

Ham & Mushroom Scrambles

Green Chili, Onion & Salsa Scrambles

Philly Scrambles with Beef, Peppers & Onions

Hardy Start

Chicken Fried Steak & Egg \$11

Chicken Fried Steak, 2 eggs, with hashbrowns, biscuit & gravy or toast.

On the Side

Bacon (3)	\$3
Sausage (2)	\$3
Sausage Biscuit	\$3
Bacon & Egg Biscuit	\$3
Ham	\$3
Wheat or White Toast	\$2
Biscuits (2) & Gravy	\$3
Hashbrowns	\$2
One Egg	\$1

Consuming raw or uncooked meats, poultry, seafood, or eggs may increase your risk of contracting a foodborne illness. Certain medical conditions may also increase your risk.

Beverages

Coffee, Tea \$2

Lemonade/Soft Drinks \$3

Juices & Milks (additional charge for refills)

Orange or Apple

Medium \$2 Large \$3

Milk or Chocolate Milk \$3



the BLUE HERON

Specialties

Fried Green Tomato Appetizer

\$8

Six slices of green tomato in a zesty breading and deep-fried to perfection! Served with a side of ranch dipping sauce.

Broccoli Cheddar Bites

\$8

A tasty combination of mini broccoli florets, cheddar cheese, bacon and onion coated in potato-flake breading and deep-fried. Served with a side of ranch dipping sauce.

Fried Pickles

\$7

Hand-breaded and deep-fried pickle slices served with choice of ranch dressing or marinara sauce.

Half & Half

\$7

For a bit of lighter fare, enjoy a cup of our soup of the day and your choice of half of a Smoked Turkey Bacon Cheddar, Tuna Salad, Country Chicken Salad or Club Sandwich and dill pickle spear.

Bacon Fried Green Tomato BLT

\$10

Classic BLT...with a twist! 3 slices of our fried green tomato on toasted white bread with leaf lettuce and crisp bacon. Served with your choice of house chips or French fries.

Muffuletta Sandwich

\$10

A traditional-style muffuletta sandwich consists of a muffuletta loaf split horizontally and covered with layers of marinated olive salad, giardiniera, salami, ham, mozzarella cheese, provolone cheese and mortadella. Served with choice of french fries, sweet potato waffle fries or house chips.

Murray Burger

\$10

Two charbroiled beef patties with two slices of pepper jack cheese, covered in mushrooms and onion blend sautéed in Merlot wine. Served with choice of french fries, sweet potato waffle fries or house chips.

Jumbo Shrimp Dinner

\$14

Eight jumbo breaded shrimp with cocktail sauce and lemons. Served with choice of baked potato, french fries, or sweet potato waffle fries and vegetable of the day.

