### MEET THE PRACTITIONERS



VALERIE (OWNER) (Idabel, OK)



REBECCA (Co-Owner) (Flower Mound,TX)



ANGELA (Texarkana)



ANGIE S. (Broken Bow, OK)



CHRISTIE (Paris, TX)



ANGIE W. (Broken Bow, OK)



KANDACE (Valliant, OK)



CARA (Wright City, OK)

For a bio on BH PRACTITIONERS please visit our website: www.BodyHarmonyDaySpa.com

## **A Gift From Your Practitioner**

100% cotton TURBIE TWIST TURBAN (\$25.00 retail value). Your "SHEA-HEAD" gift from us to YOU!





DESTRESS has a NEW meaning

90 Minutes of
UNIQUE
"STRESS RELIEF"



You've NEVER
Done THIS Before!"

# WHAT IS A BODY HARMORN SESSION A Body Harmony Sesion is a PACKAGED Experience!

Sink deep into a 6 to 12 inch memory foam mattress. This is the comfort of the Body Harmony Instrument Bed™

Soothing music vibrates and resonates through your body at a cellular level, while surround-sound fills the room.

"No Talking ~ Just Relax ~ Don't Lift a Finger". While pure Shea Butter is slowly "Drizzled" over your chest, "Dripped" around your neck, and "Drizzled" at your hairline, and then......

"A-h-h-h" neck - shoulders - face - scalp s-l-o-w-l-v massaged.

Dead Sea Mud is gently painted onto your face and your head is shrouded with hot, moist, steamy towels. Your body is "Drizzle-bathed" in warm, melted Shea Butter...and massaged.

Dead Sea Salts are "Sprinkled" and your skin is gently scrubbed... **EXFOLIATION!** 

Hot Moist, steamy towels are "Wrapped" As butter and salts mingle and melt, rich minerals and nutrients are absorbed.

Endorphins are released... **EUPHORIA!** 

It's the most relaxing experience you've ever had. With Body Harmony **MASSAGE & STRESS RELIEF** 

has a whole new meaning.

Private Room &bath • Robe and fun slippers • 100% Turbie Twist turban •

Beverages • Chocolate Covered Strawberries

#### **Body Harmony Specializes in Romance Sessions**

Side by Side Session • Rose Petals on the **Beds** 

Dark Chocolate Covered Strawberries Dinner Catered (optional)

The Most Romantic Atmosphere Around





# Harmony Instru

Music resonates from inside the bed up through your body ~ while surround sound fills your room.

**RELAX and go to your "Happy Place"** "S-h-h-h" No Talking With Body Harmony **MASSAGE & RELAXING** 

has a whole new meaning

To learn much more about the positive effects of a Body Harmony Session and so much more about what we have to offer you, We encourage you to visit our website at:

BodyHarmonyDaySpa.com To Reserve your appointment call

580-236-7777 OPEN 7 DAYS A WEEK

**Inclusive 90 minute experience** are scheduled at: 9:00 • 11:30 • 2:00 • 4:30

# **Body Harmony Day Spa**

Is located 7 miles North of Broken Bow oklahoma at **Hochatown Junction Station off of Hwy 259 across** from Beavers Bend State Park South Entrance

### INDIVIDUALS - COUPLES & GROUPS

**Group Of 20 Can Reserve 5 Sessions At One Time Body Harmony Spa For The Day!** 2-Wide Screen Tv • Netflix Sports Channels • Games • Volleyball **Private Shopping Spree At Beyond Harmony Gift Shop** No Age Limit