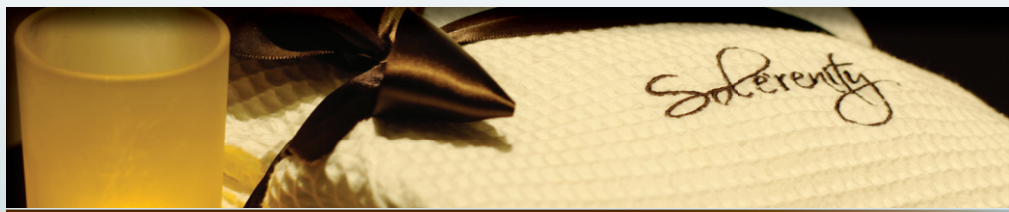




Mind -- Body -- Sole

Serenity
SPA AT THE ARTESIAN





Welcome to the beautiful

Sole'renity Spa where an array of therapeutic and wellness treatments awaits to renew, replenish, and revitalize Mind, Body, and Soul. Sole'renity Spa provides restoration and healing from the serene sanctuary of the historic Artesian Hotel. The path to complete wellness begins with a sojourn at Sole'renity within the Nation of Relaxation.

Immerse in comfort and relieve stress in the spa bath house and whirlpools. Release tensions in tranquility while basking in starlit steam rooms and saunas. Soothe the soles with a hot stone massage and pedicure to melt away the day. Sole'renity reinvigorates self-image by rejuvenating Mind, Body, and Soul. Sole'renity Spa serves all children, women, and men to provide the highest quality health and wellness treatments, utilizing top quality products and therapists. Services and treatments are available to individuals, couples, as well as groups.





The Story of Sole'renity,

Sole'renity Spa arose conceptually as a means to complete wellness utilizing treatments linking the mind, body, and soul. The journey began, by the grace of God, in August of 2011 in downtown Gainesville, Texas nestled in a 100-year-old building on the courthouse square. Sole'renity Spa became a refreshing change of pace for the North Texas community and quickly gained notoriety.

The Chickasaw Nation became interested in Sole'renity Spa's unique approach to providing complete guest experiences and offered Sole'renity the opportunity to operate a brand new, state-of-the-art spa facility. Sole'renity Spa is now recognized in the country as a Top-Ten family spa destination providing guests and the public with the finest health and wellness treatments, through holistic and therapeutic methods, within a relaxing spa sanctuary at the historic Artesian Hotel.



Spa Journeys

Gentle sounds of water flowing over rocks...Warm splashes of sea blues and rich chocolate décor...An Egyptian cotton robe and refreshing beverage wait by the whirlpool...A starlit steam room awash in waves of lavender and lemongrass aromatherapy...Essential oils, gentle heat and relaxing massage melt away stresses...A cascading rain shower cleansing Mind, Body, and Soul. Indulge the senses with complete immersion in the peaceful ambiance of Sole'renity Spa. Customize or select your spa journey today and our expert staff will guide you along the path of healing and restoration. Products used during treatments are available for purchase from the spa retail center. Visit with your therapist for any questions.

SOLE MATES JOURNEY

Rekindle the romance with a peaceful couples' massage after an aromatherapy mud foot soak. Treat together in tranquility with a pair of pedicures featuring river stones and paraffin.

SOLE RENEWAL JOURNEY

Indulge all the senses with a hot stone massage following an aromatherapy mud foot soak. Remove impurities inside a mineral mud wrap. Cleanse the soles with a signature pedicure utilizing river stones and paraffin.

SOLE SERENITY JOURNEY

Redefine wellbeing with a therapeutic Swedish massage following an aromatherapy mud foot soak. Remove impurities inside a warm mineral mud wrap. A cleansing European facial sets the stage for a signature manicure with river stones and paraffin.

SOLE VITALITY JOURNEY

Replenish the soul with an aromatherapy mud foot soak flowing into a deep tissue massage. Exfoliate with a Sole Aroma body scrub. Finish cleansing with a signature manicure and pedicure using river stones.

SOLE ESSENTIALS JOURNEY

Escape stress starting with a cleansing aromatherapy mud foot soak. A soothing, Swedish massage sets the stage for an Essential glow and go facial culminating with a signature pedicure.

GENTLEMEN'S SOLE JOURNEY

Revitalize the system with a relaxing massage following a soothing aromatherapy mud foot soak. Invigorate the skin with a Men's facial as the soles prepare for a signature pedicure featuring river stones.

SOLE'RENITY ESCAPE JOURNEY

Unwind with a one-night stay at the Artesian Hotel, in-spa champagne, with your choice of a couple's massage OR a 1-hour single massage and a mineral mud wrap. Return with a spa gift set after you relax, replenish, and rejuvenate in luxury by lavishing in Sole'renity's whirlpools, dry saunas, and or steam saunas. Artesian Hotel room rates additional.

Please call 580-622-8128 for availability and pricing.

All spa journeys include hydrotherapy treatments: Sulphur Hydra Soak, Crystal Mud Foot Soak, Eucalyptus Steam Sauna, Cascading Rain Showers. Spas originated around healing waters, and hydrotherapy is a wonderful, often overlooked, method of reviving body, mind, and spirit. Sole'renity Spa uses Hydrotherapy in its many forms with mineral rich waters to relax, soothe, and replenish wellbeing.

DAILY FACILITY USAGE

Sole'renity Spa welcomes all guests and visitors to enjoy the spa amenities including the whirlpools, dry saunas, steam saunas, locker rooms, and fitness equipment. Our facilities can be enjoyed for a daily fee of \$30.00 during spa hours. Tuesdays we are closed.





Massage Therapy

Sole'renity Spa utilizes professionally trained, licensed massage therapists to provide massage treatments including Swedish, hot stone, deep tissue, and aromatherapy. Massage facilitates relaxation and wellbeing by relieving tension and anxiety, improving blood flow and circulation, enhancing sleep quality and concentration, and reducing stress and fatigue. Sole'renity Spa provides professional massage therapists to encourage relaxation, safety, and wellbeing.

Please discuss any considerations with your therapist.

SOLE MATES COUPLES MASSAGE

Couples retreat to relaxation brings harmony to Mind, Body, and Soul. Swedish massage encourages relaxation and increases circulation to purify the body.

SOLE AROMA MASSAGE

Aromatherapy massage enacts essential oils for therapeutic, soothing, and beautifying properties. This light massage induces relaxation and increased energy, while reducing the effects of stress, restoring balance to the Mind, Body, and Soul.

SOLE RENEWAL HOT STONE MASSAGE

Specialty massage utilizing smooth, heated river stones and essential oils. Hot Stone massage promotes deep relaxation and relief for tense muscles.

SOLE RESTORATION MASSAGE

Pre-natal massage focusing on areas of the body to relieve stress and bring restoration for expecting mothers.

SOLE VITALITY DEEP TISSUE MASSAGE

Therapeutic massage using slow strokes and direct pressure to release chronic muscle tension. Focuses on unequal muscle tension which can compress nerves and muscles causing pain.

SOLE SERENITY SWEDISH MASSAGE

Relaxing massage with long strokes applying gentle to firm pressure. Swedish massage increases relaxation and increases circulation to purify the body.

Body Treatments

Sole'renity Spa provides restoration through body treatments to enhance your sense of wellbeing and bring revitalization including salt and sugar scrubs, body wraps, body detox, and hydrotherapy. Body scrubs and wraps improve blood circulation as well as exfoliate dead skin cells for deep cleansing and improvement in the quality of the skin. Body wraps aid in body contouring, detoxification, pain relief, temporary size reduction, cellulite control, and skin tightening. Sole'renity Spa offers a variety of body treatments to enhance your sense of wellbeing and provide rejuvenation Mind-Body-Soul.

SOLE BODY WRAP

Cocooned in a contouring wrap to moisturize your body leaving your skin toned and tightened. The Sole Body Wrap is a luxurious spa treatment. The hydrated skin and body will be smooth, toned, and tightened after every wrap.

MINERAL MUD WRAP

Mineral Mud is detoxifying with natural healing properties that stimulate blood flow underneath the skin while removing toxins. A rainfall shower removes the mineral mud revealing rejuvenated skin and wellbeing.

CRYSTAL MUD FOOT SOAK

Stimulate your soles while alleviating stress, restoring balance, and softening skin.

AROMATHERAPY SALT SCRUB

Indulge in the detoxifying special blend of sea salt and essential oils to stimulate senses while gently exfoliating dead skin cells. A cascading shower removes the salt followed by a nourishing skin moisturizer to leave skin glowing, soft, and toned.
45 min scrub 80 min scrub with massage

AROMATHERAPY SUGAR SCRUB

Relax with this extraordinary moisturizing treatment that contains natural raw sugar and aromatherapy oils to gently buff away aging skin cells and polish the skin. A soothing shower removes the sugar, leaving skin silky smooth.
45 min scrub 80 min scrub with massage





Facials

Sole'renity Spa promotes beautiful and healthy skin with our professional skin care treatments including Anti-Aging, European, Deep-Cleaning, and Clarifying facials. Signature skin care treatments from Sole'renity combine breakthrough technology with spa therapies to provide extraordinary exfoliation, improve skin quality and tone, and reveal younger, firmer skin while eliminating fine lines and wrinkles. Sole'renity Spa provides custom skin care treatments by professionally trained, licensed aestheticians to promote relaxation, safety, and wellbeing. Please discuss any considerations with your aesthetician.

SOLE'RENITY SIGNATURE FACIAL (Re~Nu~Al Anti-Aging)

This Signature facial treatment features the latest in patented cold laser technology. Cold lasers use healing light to activate biological changes below the surface of the skin. This technology stimulates cellular turnover, produces collagen and elastin, oxygenates the skin, balances the pH, reduces acne and illuminates the skin. Our Signature facial starts with a deep exfoliation of dead skin cells followed with Cold Laser technology and completed with a series of skin specific serums, mask, and hydrating and firming treatments with our award-winning, private-label, cosmeceutical products.

SOLE RENEWAL FACIAL (Anti-Aging)

Sole'renity Spa provides an anti-aging skin care regimen customized to your skin type. The Sole Renewal facial uses products and techniques designed to slow the aging process, eliminate fine lines, brighten and tighten the skin, and expose a more youthful complexion.

SOLE SERENITY FACIAL (Luxury European)

Lavish in luxury with this beauty treatment including cleanse, exfoliation, mask, and massage. Remove dead skin, draw out impurities, and stimulate blood flow while indulging in relaxation.

SOLE CLARIFYING ACNE FACIAL

Clarify your skin with a deep cleanse. Remove surface oils with a combination of acne skin care products through cleansing, steaming, a soothing mask, and moisturizer customized for you skin type. This acne facial is recommended for clients prone to oily or acneogenic skin with uneven complexions.

SOLE ASSURANCE MEN'S FACIAL

Relax, rejuvenate, and exfoliate with this toning facial therapy complete with hot towel treatment.

SOLE ESSENTIALS FACIAL (Glow & Go)

Indulge in this Mini-European exfoliating facial to reveal glowing skin with a radiant appearance. Removes toxins, exfoliates, and firms the skin. Great treatment for every skin type.

NUFACE

Anti-Aging, micro-current technology combats aging, sun damage, redness, and wrinkles. Multi-solution skin care device provides treatments for facial toning, lip and eye treatments, plus light and micro-current therapies for facial contouring, fine lines, and wrinkle reduction. The results can be so dramatic that micro-current treatments are often referred to as the "5 Minute Face Lift."

HYDRAFACIAL

Revolutionary treatment merging medical technology with invigorating spa therapies to achieve instant and lasting results. Includes cleansing and exfoliation, an acid peel to remove dead skin cells, painless extractions using Vortex suction to cleanse pores, and hydration session using antioxidants and hyaluronic acid to nourish and protect.

HYDRAFACIAL Infused Dermabuilder infused to eliminate fine lines and wrinkles.

HYDRAFACIAL Plus Dermabuilder and Lymphatic Cleanse to relieve sinus pressure, reduce swelling and puffiness under the eyes, and detoxify the body.

MED SPA SERVICES

Botox (call for pricing)
Juve'derm (call for pricing)

LASH AND BROW TINTING

(call for pricing)





Hands and Soles

Sole'renity Spa provides signature hand and sole treatments to pamper and polish from fingertips to toes. Sole'renity Spa experts will exfoliate with aromatherapy sugar scrubs, massage stress away with tantalizing lotions and hot stones, and soften the skin with mineral water, paraffin and collagen treatments.

HANDS

Refresh with exfoliation and hydration treatments including massage, aromatherapy scrubs, warm stones, mineral water, collagen, and paraffin.

SOLE ESSENTIALS (polish & go)

SOLE VITALITY (exfoliate & stones)

SOLE SERENITY (exfoliate/stones/paraffin)

SOLES

Relief for the soles with exfoliation and hydration treatments including massage, aromatherapy scrubs, warm stones, mineral water, and paraffin.

SOLE ESSENTIALS (polish & go)

SOLE VITALITY (exfoliate & stones)

SOLE SERENITY (exfoliate/stones/paraffin)

Hair Removal

Sole'renity Spa specializes in hair removal services for both women and men. Long-term benefits may result from a regular hair removal routine. Hairs grow back finer and slower while some do not grow back at all. Maintenance becomes easier and faster. Hair removal also has exfoliating properties revealing smoother, younger, more radiant skin. Be simply smooth with Sole'renity Spa Hair Removal services.

Full Leg	Full arm	Half leg
Half arm	Under arm	Back
Chest	Chin	Brazilian
Bikini	Stomach	Full face
Lip & brow	Brow	Lip

Spray Tanning Sessions

Packages from a single tanning session to four sessions available.



Spa Events and Sparties

... because a day at the spa should be shared!

Sole'renity Spa is Sparty headquarters for brides, friendly socials, mother/daughter days, couples retreat, business meetings, and much more. Sole'renity Spa can accommodate and customize any celebration and occasion. Contact us with any questions and for personal customization.

BRIDAL SPARTIES

Sole'renity Spa will build a beautiful day to remember for brides-to-be. We cater to all desires and will arrange food and beverages to compliment any of Sole'renity's services. Celebrate this exciting time of life in serenity.

PRIVATE EVENTS

Sole'renity Spa provides a serene atmosphere to hold private classes, lectures, business events, meetings, and corporate retreats and rewards. Contact us with any questions to customize any celebration.

GIFT CERTIFICATES

Give the loved ones in your life the gift of health and wellness at their convenience. A pampering present from Sole'renity Spa is perfect for anyone, any reason, any season. Available for purchase in-spa and online at solerenityspa.com. Contact us with questions and for gift customization.

*Gift Certificates are "as cash" and are completely transferable. Gift Certificates may be redeemed for any products and/or services at Sole'renity Spa location. No refunds will be permitted on Gift Certificates. Must redeem actual Gift Certificate.



Sole'ernity Spa Membership

Enjoy Sole'ernity Spa with the benefits of a monthly wellness membership. Rejuvenate Mind, Body, and Sole with regular visits, access to select spa amenities during spa hours, and discounts on products and services.

SOLE SERENITY MEMBERSHIP

\$149 per month includes:
Day usage of fitness center
Day usage of hydrotherapy: steam room/dry sauna/lockers/lounge area
Sole Serenity 50 min massage
Sole Serenity pedicure
20% off hair removal service(s)
20% off spa package(s)
20% off retail: some restrictions apply

SOLE VITALITY MEMBERSHIP

\$99 per month includes:
Solely select your service!
\$99 per month gives you \$125 worth of service(s)
Day usage of hydrotherapy: steam room/dry sauna/lockers/lounge area
10% off hair removal service(s)
10% off spa package(s)
10% off retail: some restrictions apply

SOLE ESSENTIAL MEMBERSHIP

\$59 per month includes:
Solely select your service!
\$59 a month gives you \$75 worth of service(s)
Day usage of hydrotherapy: steam room/dry sauna/lockers/lounge area
15% off hair removal service(s)
15% off spa package(s)
15% off retail: some restrictions apply

SOLE'ERNITY MEMBERSHIP

\$39.99 per month includes:
Day usage of fitness center
Day usage of hydrotherapy: steam room/dry sauna/lockers/lounge area

Visit with Sole'ernity Spa therapists about terms and conditions, additional information, and any questions regarding monthly membership(s).

PRIVATE YOGA SESSIONS AVAILABLE.

Call for pricing.





Sole'renity Spa Etiquette

Sole'renity Spa recommends scheduling your appointments a minimum of one to two weeks prior to your visit. Our spa receptionists are delighted to help customize your spa journey. Please contact our Resort Spa Director to accommodate group appointments. Spa treatments are subject to availability and must be guaranteed by credit card. Please advise us of gender preference for your service provider. Preferences are based on availability and are not guaranteed.

Scheduling and Cancellation Policy

Sole'renity Spa, Inc. requires credit card information at the time of scheduling in order to reserve the spa service(s) of your choice. The credit card holder on reserve will be charged the full amount of the service(s) reserved if a re-scheduling notice is not received 24 hours prior to the service(s), the reserved is more than 1 hour late, or there is a NO SHOW appointment. Sole'renity Spa will try to accommodate late arrivals but cannot guarantee services.

Age Requirements

Sole'renity Spa at the Artesian is an adult sanctuary available to guests 18 years of age and older. Minors 13 years and above may enjoy certain spa treatments if accompanied by a guardian. A release form must be signed for all minors under 18 years of age by their guardian. Sole'renity Spa respectfully requires the spa remain a serene environment free from the distractions of children.

Spa provides gratuity envelopes for your spa therapist. All gratuities should be handled through our spa receptionist.

Gratuity

For your convenience a 20% service charge will be automatically applied to all packages and a la carte services in addition to spa price listing and distributed to your spa therapists. Additional gratuities are appreciated but not expected. Sole'renity

Preserving our Spa Sanctuary

For your privacy and comfort of our guests, we respectfully ask that you leave all cell phones and laptops off during spa treatments. Cell phones are disruptive to the serenity of the spa. Please refrain from cell phone use during spa time and turn to OFF/SILENT. We appreciate your assistance in preserving spa tranquility.

Arrival Time

Please plan to arrive thirty (30) minutes before your spa treatments. Your spa time is scheduled and reserved especially for you to unwind and enjoy Sole'renity Spa amenities.

Decrease stress and increase spa satisfaction by taking advantage of your spa time. After checking in upon arrival you will be provided a locker, luxurious robe, and slippers during your visit to the spa. Please leave all valuables in your safe provided in your hotel room. Lockers are provided for your convenience however Sole'renity Spa is not responsible for any items that may be lost or left behind. Please wear comfortable clothing for spa stay, pedicure-ready sandals, and bring swimwear if partaking of the hydrotherapy amenities, including our unisex whirlpool, dry sauna, and eucalyptus steam sauna. Sole'renity Spa uses proper draping techniques for your privacy during spa treatments.



During your visit,

Sole'renity Spa encourages you to escape in mind, body, and soul with your spa treatments. We encourage you to communicate with your therapist and disclose any issues you are experiencing. Your comfort and satisfaction at Sole'renity Spa is top priority. Please share with any concerns such as discomfort, temperature of your spa room, music volume, the amount of pressure utilized for massage, and any other request. It is important for you to disclose any health conditions that may affect your spa experience. If pregnant you must be in your third trimester to receive a massage. Always check with your physician before spa treatments if you have any health issues or are pregnant.

Spa Amenities

Sole'renity Spa guests receiving spa treatments will have complimentary use of spa amenities during spa time including:

- Tranquil lounge rooms for serenity time
- Luxurious robes and slippers
- Men's and Women's Locker rooms
- Shower Facilities
- Whirlpools
- Dry sauna
- Aromatherapy steam rooms
- Refreshments

Medical Conditions

Receive clearance from your physician prior to scheduling services if you are under medical supervision or treatment. Inform your spa therapist of any medical or physical limitations including but not limited to: allergies, arthritis, contagious diseases, diabetes, heart disease, high blood pressure, recent accidents or injuries, surgeries, open wounds, sores, lesions, skin conditions, sensitivities, pregnancy or nursing. Pregnant or diabetic guests may not receive Hot Stone facial or massage treatments due to thermal and circulatory contraindications.





Sole'ernity Spa believes in achieving complete health
and wellness for everyone.
Thank you for sojourning at Sole'ernity Spa sanctuary in a new
Nation of Relaxation.

Mind ~ Body ~ Sole

Sole'ernity
SPA AT THE ARTESIAN

Find Sole'ernity Spa on Facebook and Twitter @solerenityspa

Sole'ernity Business Hours:
Monday – Sunday: 10:00am – 7:00 pm Closed: Tuesday

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