

## Greenleaf State Park



### Greenleaf Ankle Express Rules and Regulations

Welcome to one of Oklahoma's most beautiful backpacking experiences! The Greenleaf Ankle Express hiking trail is approximately 18 miles in hiking distance. It crosses uneven terrain, with some fairly steep grades. Hikers should be in reasonably good physical condition before attempting to walk the trail. For your safety and enjoyment, please follow the safety tips, rules and regulations provided here.

#### Trail Regulations:

1. Hikers MUST sign in at the trailhead register board that is located within the park. Indicate your time of departure and return, your cell phone number if you are carrying one, and a good emergency contact number.
2. No open wood fires are allowed on the trail. You may use a camping stove for cooking. Be sure to carry or treat all water to be consumed.
3. Overnight camping is restricted to the Mary's Cove and North Primitive campgrounds.

4. The trail crosses federal property that is under the authority of the Oklahoma Military Department and its personnel who are stationed at Camp Gruber. Hikers are to remain on designated trails for their own safety.
5. During the spring and fall months, the Department of Wildlife and the Oklahoma Military Department schedule special hunts for Deer and Turkey hunting season in the area crossed by the trail. The trail will be closed beyond the swinging bridge during these hunts. Check with the front office, Camp Gruber or the Wildlife dept. to check dates of closings.

#### Safety Tips:

1. It is never wise to hike alone. Let others know when you are hiking and when you plan on returning.
2. If day hiking be aware of your limits. Allow 30 minutes to 1 hour for hiking each mile of the trail and always plan accordingly so that you can hike back to your vehicle with at least ONE HOUR before dark!
3. From March through November, we strongly recommend that you use a good tick spray. Always wear long pants and comfortable, stable shoes.
4. If you are carrying a "smart phone" or iPhone you can pull up Google maps and see where you're located

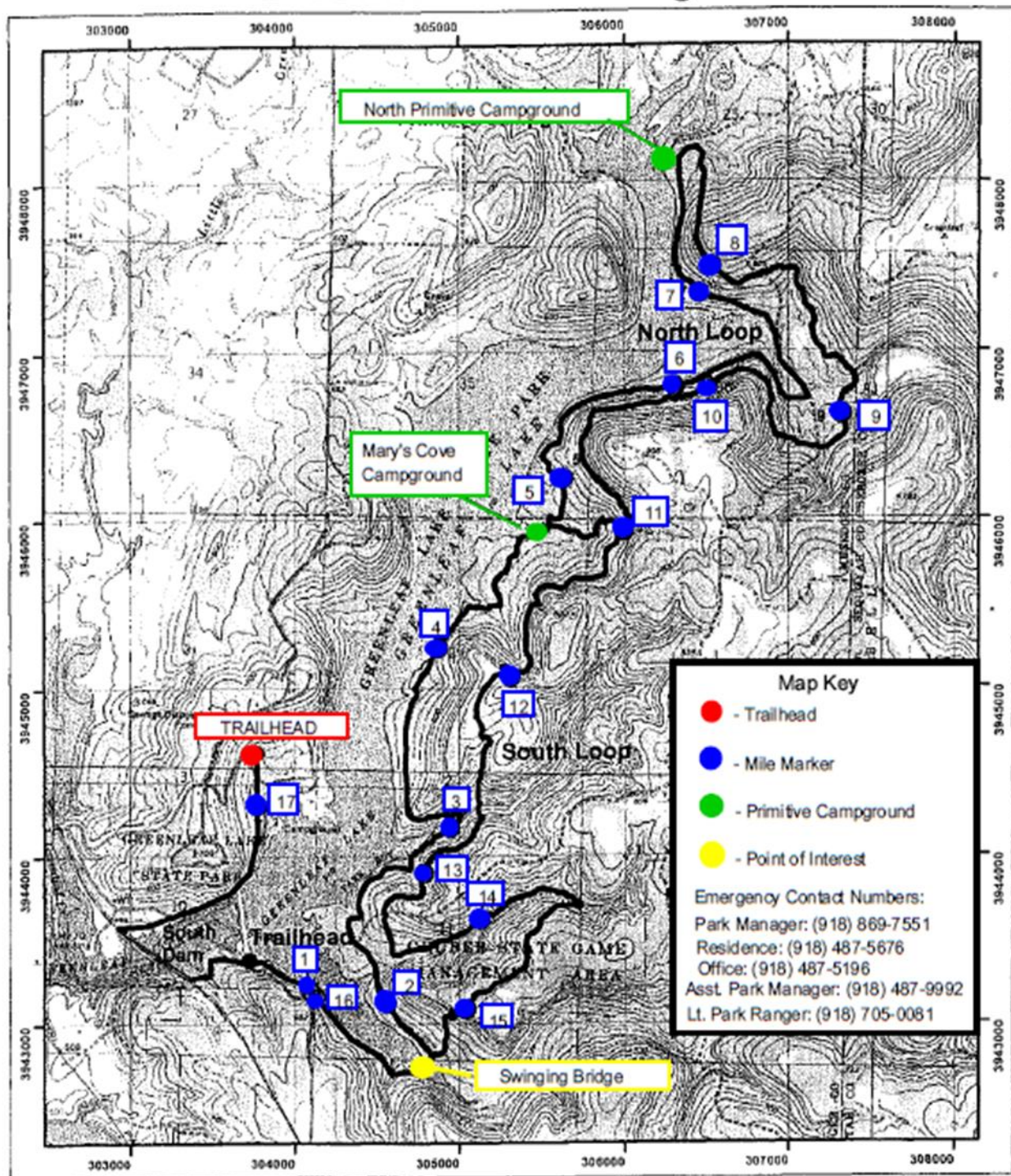
on the trail, which is very useful if you need assistance or get lost. A lot of the trail receives cell service, but DO NOT, under most circumstances, leave the trail to find a signal if you are lost or need assistance.

5. If you are lost or it is getting dark, you can listen for boaters on the lake who are usually more than willing to give you a ride back to the marina. From the marina you can walk to your vehicle at the trailhead. You can also find the gravel road in several crossings along the upper and lower trails. Call for help and stay put until Park staff or Camp Gruber staff to arrive to pick you up.
6. Observe the mile markers as you pass them and try to remember recent terrain or anything that can help us locate you should you get lost. Let us know if you have crossed any roads and how long since, whether you are on the upper or lower trail, any information you can give us to help find you.

#### Emergency Contact Numbers:

**Park Manager: 918-487-9992**  
**Park Mgr. Cell: 918-348-9431**  
**Park Ranger: 918-407-3505**  
**Cabin Office: 918-487-5196**

# Greenleaf Lake Hiking Trail



**Map Key**

- - Trailhead
- - Mile Marker
- - Primitive Campground
- - Point of Interest

Emergency Contact Numbers:  
 Park Manager: (918) 869-7551  
 Residence: (918) 487-5676  
 Office: (918) 487-5196  
 Asst. Park Manager: (918) 487-9992  
 Lt. Park Ranger: (918) 705-0081



**Legend**

- Greenleaf Trail
- Trail Mile Markers



Grid..... 1,000m UTM Zone 15N  
 Projection..... Transverse Mercator  
 Vertical Datum..... Mean Sea Level  
 Horizontal Datum..... NAD 83  
 Topo Map Background from..... USGS  
 Printed at..... Camp Gruber Training Center  
 Sept. 2003