

BRAVE the MUD RUN

A 5K ADVENTURE
To benefit the Women's Crisis Shelter



SATURDAY
8.23.14
9:00 A.M.
LEFLORE COUNTY FAIRGROUNDS

Name: _____

Age on Race Day: _____ Date of Birth: _____ Sex: M / F

Address: _____

Phone: _____ Email: _____

T-Shirt Size: _____ XS _____ S _____ M _____ L _____ XL

***Only pre-registered runners are guaranteed T-Shirts**

After August 1



5K Mud Run (Individual)

\$45

\$60



5K TEAM (4 or more)

\$40

\$55

*Each team member must fill out registration form)

TEAM NAME: _____

Total Amount Due _____

Are you a Choctaw Nation P.A.C.E. member? _____ If so, deadline to enter is July 31, 2014

Awards Given for:

1st, 2nd, 3rd place Mens & Womens 5K

1st, 2nd , 3rd place Team 5K

Best COSTUME Male and Female 5K

Best COSTUME Team 5K

CUSTOM MEDAL FOR ALL FINISHERS



Checks payable to: Women's Crisis Shelter

Mail to: MUD RUN

c/o Women's Crisis Services

P.O. Box 774

Poteau, OK 74953

Or enter online at www.bravethemudrun2014.eventbrite.com

Glenda Wise (Race Director)

Phone: 918.839.4785

E-mail: glendawise@windstream.net

I hereby acknowledge that participation in the 5K mud run is a potentially dangerous activity. I also know that, the course is an obstacle course and I will be required to do strenuous activities. I recognize that I should not enter and participate unless I am medically able and properly trained. I assume all risks associated with my participation in the event. I waive and release Women's Crisis Shelter, Inc., including the staff and Board of Directors, all sponsors, volunteers, municipal authorities including, but not limited to Choctaw Nation, Tatur Racing, The City of Poteau, Poteau Police Department, the Leflore County Fairgrounds, and the Poteau Fire Department from all claims or liabilities of any kind arising from my participation in this event. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record or my likeness for any other legitimate purpose.

Participant Signature or Parent/Guardian if Under 18