

# IRON STARR

URBAN BARBEQUE

## Gluten Free Menu

### APPETIZERS

#### Mama's Deviled Eggs

Not your mama's – but maybe better. \$6

### BBQ DINNERS

#### Slow Smoked St. Louis Cut Ribs

Our ribs start with a 24 hour rub down in our secret dry spices before being slow smoked for hours in an aged hickory-pecan wood blend. Served with your choice of two sides. *Lite* \$11.95 *Dinner* \$13.95

#### Smoked Meat Plate

Sliced brisket or pulled pork served with your choice of two sides.

*Lite* \$11.95 *Dinner* \$13.95

#### Hickory Smoked Chicken

1/2 chicken specially seasoned and slow hickory smoked. Served with your choice of two sides. \$12.95

#### Grilled Atlantic Salmon

Served with Nancy's cucumber-chive relish and two sides. \$18.95

### SIDES

Southwest Slaw   Potato Salad   Green Beans   Corn Pudding

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#### Slow Smoked St. Louis Cut Ribs

Our ribs start with a 24 hour rub down in our secret dry spices before being slow smoked for hours in an aged hickory-pecan wood blend. Served with your choice of two sides. *Lite* \$10.95 *Dinner* \$13.95

#### Smoked Meat Plate

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*Lite* \$10.95 *Dinner* \$13.95

#### Hickory Smoked Chicken

1/2 chicken specially seasoned and slow hickory smoked. Served with your choice of two sides. \$10.95

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Served with Nancy's cucumber-chive relish and two sides. \$18.95

### SIDES

Southwest Slaw   Potato Salad   Green Beans   Corn Pudding