



1st COURSE

- Zuccha Chips

flash fried zucchini sprinkled with sea salt

6
- West Bruschetta

tomatoes, basil, pesto and shaved Parmesan

8
- Puree Trio

red pepper/almond, roasted garlic hummus, truffled white beans, grilled bread

10
- Sweet Potato Fries

with remoulade

7
- Flat Bread Pizza of the Day

10
- Vegan Nachos

black beans, cashew cheese, roasted chillies

12
- Homemade Onion Rings

Small 5 Large 8
- Smoked Chicken Quesadilla

smoked chicken, roasted chillies, Chihuahua cheese, chili pepper cream, salsa verde, braised onions

10
- China Town Chicken Wings

hoisin glaze, sesame crust, Asian inspired ranch

10

SOUPS & SALADS

- Tomato Basil Soup

with grilled cheese croutons

6
- French Onion Soup

grain mustard, brandy, Gruyere

6
- West House Salad

baby greens, crouton crumbles, sprouts, cucumber, tomato basil vinaigrette, creamy Parmesan, red wine vinaigrette, tomato vinaigrette

5
- Grilled Caesar Salad

polenta croutons, fried capers, lemon, shaved egg

10
- Beef Tenderloin Salad

mixed greens, roasted corn, blue cheese crumbles, shaved egg, creamy red wine vinaigrette

16
- Chopped Grilled Asparagus

Small 6 Large 10
- bibb lettuce, tossed in red, wine vinaigrette, goat cheese, spiced almonds
- Spinach Salad

baby spinach, basil chicken, toasted pecans, grilled pineapple, feta cheese, with mango vinaigrette

15
- Brussels Sprout Salad

Small 7 Large 12
- blanched brussels sprouts, dried apricots, toasted almonds, garlic red wine vinaigrette, and shaved Parmesan

SANDWICHES, ETC.

- (choice of: West fries, sweet potato fries, or onion rings)
- \*All burgers and beef tenderloin are cooked medium unless otherwise requested
- West Beef Tenderloin

braised onions, dijon mustard, arugula, on Tuscan bread

14
- Salmon Club

filet of salmon on Tuscan bread, with bacon, remoulade, and mixed greens served with chilled cous cous salad

13
- Portobello Caprese

Portobello cap, buffalo mozzarella, roasted tomato, arugula, pesto, balsamic on ciabatta bread

12
- West Grilled Cheese

Tuscan bread, herbed ricotta, mozzarella, goat cheese, pesto

10

JOHNNIE'S MEETS WEST

- Caesar Burger

ground sirloin on a gourmet bun w/ Johnnie's Caesar

10
- Cheese Theta Burger

ground sirloin on a gourmet bun w/ Johnnie's Cheese Theta

10
- West Basic Hamburger

ground sirloin on a gourmet bun

9
- House Made Veggie Burger

black beans, brown rice, roasted beets and carrots

10
- House Made Chicken Burger

fresh basil, roasted garlic

10

Additions — 1

- sliced American

cashew cheese
- shredded American

hummus
- blue cheese

guacamole
- goat cheese

Portobello mushrooms
- Gruyere

bacon

Add Braised Onions & Jalapenos - .50

FILET YOUR WAY

- USDA Prime
- 8 oz. beef tenderloin - 42

5 oz. beef tenderloin - 36
1. The Basic:

pepper crusted, topped with onion rings, black peppercorn veal reduction
2. Triple Mushroom:

grilled, layered with Portobello mushrooms, over spinach, truffled shitake brown rice
3. Spinach Two Ways:

grilled filet, creamed spinach, roasted garlic mashed potatoes, demi glace, fried spinach
4. Blue Cheese and Red Wine:

blue cheese stuffed filet, braised onions, baby potatoes, red wine gastrique
5. Steak and Enchiladas:

beef filet over flour enchiladas with sweet corn and goat cheese, Spanish brown rice

PASTAS

- Bow Tie Pasta with Smoked Salmon

16
- grilled onions, vodka cream
- Penne al Pesto

penne pasta, basil pesto, corn, roasted red peppers

13
- Angel Hair Pomodoro

angel hair pasta, tomato basil sauce, asparagus, spinach, fresh mozzarella

13
- Rigatoni

Italian sausage, goat cheese, roasted red pepper in a red sauce

15
- Penne Arrabiata

penne pasta, grilled chicken, spicy pomodoro sauce, fresh mozzarella

15
- Penne Ratatouille

whole wheat penne, ratatouille, garlic olive oil, Parmesan

13

\*Whole wheat penne and gluten-free pasta available for substitution.

ENTREES

- A Simple Plate of Seasonal Veggies

15
- spiced cous cous, balsamic glaze
- Chicken Vegetable Pot Pie

smoked chicken, roasted asparagus, corn, English peas, aromatic vegetables, whipped potatoes, and an herbed puff pastry

14
- Individual Meatloaf

pork, veal and beef, West mac & cheese, green beans, West brown gravy

15
- 14 oz West Ribeye

blue cheese fondue, truffled rosemary potatoes, balsamic brussels sprouts

29
- Pork Tenderloin

whipped sweet potatoes, grilled asparagus, apricot demi glace

19
- Organic Half Chicken

pan roasted, natural au jus, mashed potatoes, green beans

19
- Chicken Fried Beef Tenderloin

mashed potatoes, sweet corn, and white gravy

22

WEST FISH

- Ahi Tuna

roasted garlic mashed, grilled asparagus, basil vinaigrette

26
- Roasted Salmon

ratatouille, sautéed spinach, blood orange balsamic

22
- West Fish & Chips

flounder, tempura batter, West fries with "spray on" malt vinegar

16
- Fish Tacos

three flour tortillas filled with spice rubbed flounder, jicama slaw, tomato relish, spicy mayo. Served with flour tortilla chips, salsa verde and house guacamole.

14

SIDES — 5

- West Mac and Cheese

Grilled Lemon Asparagus
- Homemade Onion Rings

Sautéed Spinach
- Roasted Garlic Mashed

Balsamic Brussels Sprouts
- Whipped Sweet Potato

West Fries
- Brown Butter Corn

Sweet Potato Fries
- Grilled Zucchini

with olive oil



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Executive Chef Eric Smith

ATTENTION Individuals may be at a higher risk for a food borne illness if the following foods are consumed raw or uncooked: eggs, beef, fish, lamb, milk products, pork, poultry, & shellfish.

New Item