

1st COURSE

Zuccha Chips flash fried zucchini sprinkled with sea salt	6
West Bruschetta tomatoes, basil, pesto and shaved Parmesan	8
Puree Trio red pepper/almond, roasted garlic hummus, truffled white beans, grilled bread	10
Sweet Potato Fries with remoulade	7
Flat Bread Pizza of the Day	10
Vegan Nachos black beans, cashew cheese, roasted chillies	12
Homemade Onion Rings	Small 5 Large 8
Smoked Chicken Quesadilla smoked chicken, roasted chillies, Chihuahua cheese, chili pepper cream, salsa verde, braised onions	10
China Town Chicken Wings hoisin glaze, sesame crust, Asian inspired ranch	10

SOUPS & SALADS

Tomato Basil Soup with grilled cheese croutons	6
French Onion Soup grain mustard, brandy, Gruyere	6
West House Salad baby greens, crouton crumbles, sprouts, cucumber, tomato basil vinaigrette, creamy Parmesan, red wine vinaigrette, tomato vinaigrette	5
Grilled Caesar Salad polenta croutons, fried capers, lemon, shaved egg	10
Beef Tenderloin Salad mixed greens, roasted corn, blue cheese crumbles, shaved egg, creamy red wine vinaigrette	16
Chopped Grilled Asparagus bibb lettuce, tossed in red, wine vinaigrette, goat cheese, spiced almonds	Small 6 Large 10
Spinach Salad baby spinach, basil chicken, toasted pecans, grilled pineapple, feta cheese, with mango vinaigrette	15
Brussels Sprout Salad blanched brussels sprouts, dried apricots, toasted almonds, garlic red wine vinaigrette, and shaved Parmesan	Small 7 Large 12

PASTAS

Bow Tie Pasta with Smoked Salmon grilled onions, vodka cream	16
Penne al Pesto penne pasta, basil pesto, corn, roasted red peppers	13
Angel Hair Pomodoro angel hair pasta, tomato basil sauce, asparagus, spinach, fresh mozzarella	13
Rigatoni Italian sausage, goat cheese, roasted red pepper in a red sauce	15
Penne Arrabiata penne pasta, grilled chicken, spicy pomodoro sauce, fresh mozzarella	15
Penne Ratatouille whole wheat penne, ratatouille, garlic olive oil, Parmesan	13

*Whole wheat penne and gluten-free pasta available for substitution.

All lunch sandwiches also available.

FILET YOUR WAY

USDA Prime

8 oz. beef tenderloin - 42 5 oz. beef tenderloin - 36

- The Basic:** pepper crusted, topped with onion rings, black peppercorn veal reduction
- Triple Mushroom:** grilled, layered with Portobello mushrooms, over spinach, truffled shitake brown rice
- Spinach Two Ways:** grilled filet, creamed spinach, roasted garlic mashed potatoes, demi glace, fried spinach
- Blue Cheese and Red Wine:** blue cheese stuffed filet, braised onions, baby potatoes, red wine gastrique
- Steak and Enchiladas:** beef filet over flour enchiladas with sweet corn and goat cheese, Spanish brown rice

ENTREES

A Simple Plate of Seasonal Veggies spiced cous cous, balsamic glaze	15
Chicken Vegetable Pot Pie smoked chicken, roasted asparagus, corn, English peas, aromatic vegetables, whipped potatoes, and an herbed puff pastry	14
Individual Meatloaf pork, veal and beef, West mac & cheese, green beans, West brown gravy	15
14 oz West Ribeye blue cheese fondue, truffled rosemary potatoes, balsamic brussels sprouts	29
Pork Tenderloin whipped sweet potatoes, grilled asparagus, apricot demi glace	19
Organic Half Chicken pan roasted, natural au jus, mashed potatoes, green beans	19
Chicken Fried Beef Tenderloin mashed potatoes, sweet corn, and white gravy	22

WEST FISH

Ahi Tuna roasted garlic mashed, grilled asparagus, basil vinaigrette	26
Roasted Salmon ratatouille, sautéed spinach, blood orange balsamic	22
West Fish & Chips flounder, tempura batter, West fries with "spray on" malt vinegar	16
Fish Tacos three flour tortillas filled with spice rubbed flounder, jicama slaw, tomato relish, spicy mayo. Served with flour tortilla chips, salsa verde and house guacamole.	14

SIDES — 5

West Mac and Cheese	Grilled Lemon Asparagus
Homemade Onion Rings	Sautéed Spinach
Roasted Garlic Mashed	Balsamic Brussels Sprouts
Whipped Sweet Potato	West Fries
Brown Butter Corn	Sweet Potato Fries
Grilled Zucchini with olive oil	



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New Item

Executive Chef Eric Smith
ATTENTION Individuals may be at a higher risk for a food borne illness if the following foods are consumed raw or uncooked: eggs, beef, fish, lamb, milk products, pork, poultry, & shellfish.