

T.G.I. Friday's® Menu

Item availability may vary during lunch and by location.

APPETIZERS

SESAME JACK CHICKEN STRIPS

Crispy, fried chicken breast strips with toasted sesame seeds for extra crunch, served with our legendary Friday's® Jack Daniel's® sauce. Game day just got better.

LOADED POTATO SKINS

Loaded with Cheddar cheese, crisp bacon and served with sour cream and chives. Half-order also available.

FRIED MOZZARELLA

Hot and gooey inside. Crisp and golden outside. Served with marinara sauce for dipping.

POT STICKERS

Chinese pork dumplings steamed, then pan-fried and served with Szechwan dipping sauce.

FRIDAY'S® TOSTADO NACHOS

Crisp tortillas topped with bacon-flavored refried beans, spicy nacho meat and cheese. Served with pico de gallo, guacamole, sour cream and jalapeños.

CHICKEN QUESADILLAS

Caramelized onions, peppers and cheese. Served with Avocado Ranch dressing and pico de gallo.

TUSCAN SPINACH DIP

Parmesan and Romano cheeses blended with spinach, artichokes and sautéed onions and peppers. Served with tortilla chips and wedges of crusty ciabatta garlic bread.

BUFFALO WINGS

Served with Bleu cheese dressing and celery sticks.

BUFFALO CHICKEN STRIPS

Breaded and fried chicken breast strips topped with spicy Buffalo Wing sauce. Served with Bleu cheese dressing and celery sticks.

JACK DANIEL'S® TOWER

CHICKEN

Enjoy a cup of soup, House or Caesar Salad for an additional charge.



Sizzling Chicken & Shrimp

SIZZLING CHICKEN & SHRIMP NEW

Sautéed garlic-marinated chicken breast with onions and peppers paired with zesty shrimp in a Roma tomato-basil salsa. All served over sizzling American and Mexican cheeses with a side of our signature mashed potatoes.

SIZZLING CHICKEN & CHEESE

Start with a sizzling skillet of onions and peppers, together with garlic-marinated chicken breasts and cheese. Served with our signature mashed potatoes.

CHARGRILLED CHICKEN FAJITAS

Chargrilled chicken on a bed of grilled onions and peppers. Served with black bean soup, Spanish rice, Colby cheese, guacamole, sour cream, pico de gallo and flour tortillas. Substitute steak for chicken, or available as a combination of chargrilled chicken and steak.

CHICKEN LA BOCA

Sautéed chicken breasts with oregano chimichurri, artichoke and a fresh mix of diced tomato and basil. Served with creamed spinach blended with bacon and finished with a homemade Parmesan crisp.

CHICKEN FINGERS

Choose from Original or Cajun. Both served with Honey Mustard dressing and Friday's® Fries.

BARBECUE JACK CHICKEN NEW LOW FAT

Jack Ribs, Shrimp and Sesame Jack Chicken Strips. Served with our original Friday's® Jack Daniel's® sauce.

FRIDAY'S® THREE-FOR-ALL

Looking for an appetizer that your entire table can agree on? Try our Friday's® Three-for-All. Packed with Potato Skins, Fried Mozzarella and Buffalo Wings, it offers a little something for everyone. Served with sour cream and chives, marinara sauce and Bleu cheese dressing.

JACK DANIEL'S® GRILL

All Jack Daniel's® Grill entrées are served with our original Friday's® Jack Daniel's® sauce for dipping. Enjoy a cup of soup, House Salad or Caesar salad for an additional charge.

JACK DANIEL'S® RIBEYE NEW

The juiciest steak of all! A 14-oz. aged boneless steak, served with our signature mashed potatoes.



Jack Daniel's® Flat Iron Steak

JACK DANIEL'S® FLAT IRON STEAK

NEW

A tender and juicy 8-oz. flat iron steak, grilled to perfection and served with our signature mashed potatoes. Aged and hand-cut especially for Friday's®.

JACK DANIEL'S® RIBS & SHRIMP NEW

A full rack of our mouthwatering Jack Daniel's® Glazed Ribs and lightly battered shrimp served with Friday's® Fries.

JACK DANIEL'S® NEW YORK STRIP & SHRIMP

A generous 12-oz. strip steak and lightly battered shrimp served with vegetables and our signature mashed potatoes.

Juicy chargrilled barbecue-glazed chicken breast with a side of our signature sweet-smoky Jack Daniel's® sauce. Served with black beans and corn salsa, herbed rice, grilled vegetables and steamed broccoli.

APPROX. 10g OF FAT AND 500 CALORIES.

PASTA

Italians have a word to describe our pasta. The word we're thinking of is "bravo". Enjoy a cup of soup, House or Caesar Salad for an additional charge.



Bruschetta Chicken Pasta

BRUSCHETTA CHICKEN

Fresh Roma tomato-basil salsa tossed with angel hair pasta, then topped with sliced chicken breast and drizzled with a balsamic glaze. Served with ciabatta garlic bread.

BLACKENED CHICKEN ALFREDO

Friday's® Fettuccine Alfredo, with blackened chicken breast and topped with tomatoes and green onions. Served with ciabatta garlic bread.

VEGETABLE GRILL A portabella mushroom marinated and grilled with artichokes, asparagus, Roma tomatoes, red pepper, zucchini and squash. Served with angel hair pasta, tomato-basil salsa and Balsamic Vinaigrette.



Cajun Shrimp & Chicken Pasta

CAJUN SHRIMP & CHICKEN PASTA

JACK DANIEL'S® NEW YORK STRIP

A generous 12-oz. strip steak served with vegetables and our signature mashed potatoes.

TRIPLE JACK COMBO

Jack Daniel's® Shrimp, Chicken and Ribs served with our signature mashed potatoes.

JACK DANIEL'S® GLAZED RIBS

Mouthwatering baby back pork ribs served with Friday's® Fries.

JACK DANIEL'S® SALMON

Chargrilled salmon fillet served with vegetables and our signature mashed potatoes.

JACK DANIEL'S® SHRIMP

Lightly battered shrimp fried crisp. Served with vegetables and Friday's® Fries.

JACK DANIEL'S® CHICKEN & SHRIMP

A juicy chicken breast and lightly battered shrimp served with vegetables and our signature mashed potatoes.

JACK DANIEL'S® CHICKEN

Two juicy chicken breasts served with vegetables and our signature mashed potatoes.

***NEW* Steakhouse Selects**

Ribeye

RIBEYE

A 14-oz. steak generously marbled for full-bodied flavor only a ribeye can deliver.

NEW YORK STRIP

This 12-oz. classic cut steak is flame-grilled to seal in juices for maximum flavor and tenderness.

Sautéed shrimp, chicken and red bell peppers tossed in a Cajun Alfredo sauce. Served over fettuccine pasta with ciabatta garlic bread.

SALADS

Santa Fe Chicken Salad

SANTA FE CHICKEN SALAD

Mixed greens tossed in a spicy Chipotle Ranch dressing and topped with grilled chicken, tomatoes, black bean and corn salsa and grilled onions.

APPROX. 10g OF FAT AND 500 CALORIES.

BARBECUE CHICKEN SALAD

Chopped romaine lettuce tossed with roasted corn, black beans, Monterey Jack cheese, green onions, avocado and sliced cucumbers, tossed with our Barbecue Ranch dressing topped with barbecue-glazed chicken, tomatoes and cilantro.

COBB SALAD

Chilled chargrilled chicken, crisp bacon, avocado, Colby cheese, egg, black olives, tomatoes and Bleu cheese on salad greens. Served with your choice of dressing.

GRILLED CHICKEN CAESAR SALAD

Crisp romaine lettuce tossed with our Caesar dressing and topped with slices of chargrilled chicken, Parmesan cheese and croutons.

CRISPY ASIAN CHICKEN SALAD

Grilled chicken, served sliced and chilled with almonds, mandarin oranges, diced bell peppers and crunchy noodles on a bed of crisp, shredded greens, tossed with Ginger Vinaigrette dressing.

CAJUN-FRIED CHICKEN SALAD

A Friday's classic! Crispy Cajun-battered



Flat Iron

FLAT IRON

An unbelievably tender flavorful 8-oz. steak, hand-cut especially for Friday's®.

CLASSIC SIRLOIN

America's favorite cut! A 10-oz. aged chargrilled top sirloin.

RIBS & MORE

Use caution while eating our ribs. Fingers look mighty tasty when covered in sauce. Enjoy a cup of soup, House Salad or Caesar salad for an additional charge.



Double-Glazed Ribs

DOUBLE-GLAZED RIBS

A rack of tender, marinated baby back pork ribs, first basted with our signature Jack Daniel's® glaze, then chargrilled and finished with Friday's® barbecue sauce. Served with Friday's® Fries.

JACK DANIEL'S® GLAZED RIBS

Mouthwatering baby back pork ribs served with Friday's® Fries.

BABY BACK RIBS

A full rack of pork ribs, chargrilled and glazed with our tangy barbecue sauce. Served with Friday's® Fries.

CHARGRILLED BEEF FAJITAS

Chargrilled steak on a bed of grilled onions

strips of chicken on fresh mixed greens with tomatoes, egg and Monterey Jack Cheese. Served with hot Bacon Mustard dressing.

PECAN-CRUSTED CHICKEN SALAD

Pecan-crust chicken, served sliced and chilled on salad greens tossed with Balsamic Vinaigrette dressing, topped with mandarin oranges, sweet-glazed pecans, celery, dried cranberries and Bleu cheese.

STRAWBERRY FIELDS SALAD

Mixed greens, Parmesan cheese and glazed pecans tossed in Balsamic Vinaigrette dressing. Topped with fresh balsamic-marinated strawberries, shaved Parmesan cheese and cracked black pepper. Add a 6-oz. grilled chicken breast for an additional charge.

SOUPS

BROCCOLI CHEESE SOUP

Cup / Bowl

FRENCH ONION SOUP

Cup / Bowl

SOUP OF THE DAY

Cup / Bowl

BURGERS

All burgers, except Southwest Jalapeño Burger and Friday's® Gardenburger® are served with shredded lettuce, tomato, pickle, onion and Friday's® Fries.



Jack Daniel's® Burger

JACK DANIEL'S® BURGER

Crispy bacon, smoked Provolone, grilled onions and our signature Jack Daniel's® sauce. It's the biggest step in burger evolution.

and peppers. Served with black bean soup, Spanish rice, Colby cheese, guacamole, sour cream, pico de gallo and flour tortillas. Substitute chicken for steak, or available as a combination of chargrilled steak and chicken.



Sizzling Sirloin & Shrimp

SIZZLING SIRLOIN & SHRIMP



A USDA Choice 10-oz. 28 day aged top sirloin, flame grilled and served with garlic-marinated sautéed shrimp in a Roma tomato-basil salsa, melted Mexican cheese and our signature mashed potatoes.

SHRIMP & FISH

Enjoy a cup of soup, House Salad or Caesar Salad for an additional charge.



Sizzling Shrimp

SIZZLING BRUSCHETTA SHRIMP



A sizzling skillet of marinated shrimp simmered in a Roma tomato-basil salsa with Parmesan potato wedges and Mexican cheese.

KEY WEST GROUPER

A seasoned, mild white fish fillet pan-roasted and served with a sparkling citrus splash and fresh roasted vegetables.

FISH & CHIPS

Served with Friday's® Fries and tartar

BACON CHEESEBURGER

Our mouthwatering all-beef patty covered with melted American cheese and crispy bacon

MUSHROOM, ONION & SWISS BURGER

Sautéed mushrooms, caramelized onions, melted Swiss cheese and mayonnaise.

SOUTHWEST JALAPEÑO BURGER

Melted Jack cheese topped with crispy fried jalapeños, fresh pico de gallo and Friday's® spicy southwestern mayonnaise.

FRIDAY'S® GARDENBURGER®

Made from whole grains, cheeses and mushrooms. Served with Light Peppercorn Ranch dressing and a small mixed greens salad.

CHEESEBURGER

Chargrilled with two slices of melted American cheese. (Also available without cheese)

SANDWICHES

Sandwich Extras: All sandwiches come with Friday's® Fries. Enjoy a cup of soup, House Salad or Caesar Salad for an additional charge.

FRIDAY'S® CHICKEN

Chargrilled breast of chicken with melted Jack cheese, crispy bacon and our signature sweet-smoky mayonnaise on a toasted bun.

CHICKEN FINGER BLT

Crispy Cajun chicken tenderloins on toasted ciabatta bread with Jack cheese, bacon, lettuce, tomato and mayonnaise.

PHILLY CHEESESTEAK

Shaved steak, sautéed peppers, mushrooms, onions and American cheese.

BLACKENED-CAJUN CHICKEN

Served on toasted ciabatta bread with melted Cheddar cheese, lettuce, tomato and mayonnaise.

FRIDAY'S® CLUB

Ham, mesquite-smoked turkey, American cheese, bacon, lettuce, tomato and mayonnaise on wheatnut bread.

sauce.

BRUSCHETTA GROUPER



A roasted mild whitefish topped with a roma tomato-basil salsa and drizzled with balsamic glaze. Served with steamed herbed rice and broccoli.

APPROX. 10g OF FAT AND 500 CALORIES.

FRIDAY'S® SHRIMP

A dozen hand-battered fried shrimp served with Friday's® Fries and cocktail sauce. Now aren't you glad shrimp travel in bunches?

ITALIANO

Layers of salami, ham, pepperoni and melted, smoked Provolone cheese, topped with lettuce, tomato and Parmesan mayonnaise on toasted ciabatta bread.

FRENCH DIP

Roast beef with caramelized onions and melted Swiss cheese, served au jus on toasted ciabatta bread.

DESSERTS

If it helps you feel less guilty, think of it as an extension of your entrée.



Brownie Obsession

BROWNIE OBSESSION

A warm brownie covered in Ghirardelli® chocolate-fudge sauce, vanilla ice cream, caramel sauce and pecans.

VANILLA BEAN CHEESECAKE

Cheesecake made with real vanilla beans, baked in a vanilla graham-cracker crust. Layered with white chocolate mousse and white chocolate shavings. Served with whipped cream and a fresh strawberry.

CHOCOLATE RUSH

Two slices layered with rich chocolate fudge, dark chocolate mousse, white chocolate mascarpone mousse, chocolate cake and rich chocolate ganache, topped with shaved white chocolate and served with drizzled raspberry sauce.

WARM APPLE CRISP

Apples simmered with cinnamon and brown sugar, then sprinkled with oatmeal crumbles. Topped with vanilla ice cream and hot caramel sauce.

OREO® MADNESS

Two giant Oreo® cookies sandwiched with vanilla ice cream and topped with chocolate and caramel sauces. Single serving also available.

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