



Breakfast

EGGS

Served with your choice of white, rye, wheat toast, two silver dollar pancakes or biscuit & gravy, plus hash browns or grits.

One Egg Any Style 3.99

With...

Apple smoked bacon 5.99

Sausage 5.99

Chicken Fry Steak 8.45

Two Eggs Any Style 4.99

With...

Apple smoked bacon 6.50

Sausage 6.50

Chicken Fry Steak 8.99

OMELETTES

Served with your choice of hash-browns or grits, and white, rye, wheat toast, two silver dollar pancakes or biscuit & gravy

Cheese Omelette \$4.99

One Meat and Cheese Omelet 5.99

Two Meat and Cheese Omelet 6.99

Three Meat and Cheese Omelet 7.99

Meat Choices: Ham, Bacon, Sausage

Spanish Omelette

Sausage, cheese, bell pepper, onion, and tomatoes served with salsa. 6.99

Veggie Omelette

Mushrooms, onions, bell pepper and tomato folded into a fluffy omelette. 5.99

Western Omelette

Ham, onion, bell pepper and Cheddar. 6.99

Murfin Omelette 7.99

Named after our most beloved customer!

Sausage, mushrooms, bell peppers, tomatoes, onions

PANCAKES & SUCH

Served with butter and maple syrup.

Add a side of bacon or sausage for only 1.99

Pancakes

One Pancake 2.99

Short Stack (2) 3.99

Full Stack (3) 4.99

French Toast

Small French Toast (2) 3.99

Regular French Toast (3) 4.99

BREAKFAST SERVED UNTIL 11AM

BURRITOS

Served with hash browns or grits and toast or biscuits and gravy.

Sausage & Cheese Burrito

Top quality sausage, melted Cheddar and scrambled eggs. 5.99

Sausage & Veggie Burrito

Sausage, Cheddar, scrambled eggs, onion, bell pepper, tomatoes and 6.99

Veggie Burrito

Scrambled eggs, Cheddar, bell peppers, onions, tomatoes, mushrooms 6.99

CREPES

Served with hash browns.

Blueberry Crepe

Blueberries folded in a tender crepe. 6.99

Apple Streusel Crepe

Tender apples with traditional streusel tucked inside our tender crepe. 6.99

Veggie Crepe

Cheddar, bell peppers, onions, tomatoes, mushrooms 6.99

Ham & Cheese Crepe 6.99

Sausage and Cheese Crepe \$6.99

ON THE SIDE

Apple Smoked Bacon 1.99

Sausage 1.99

Hash Browns 1.99

Grits 1.99

White or Wheat Toast w/ Jelly 1.29

Silver Dollar Pancakes (2) 2.50

Biscuits & Gravy (1) 1.50 (2) 2.50

1 Egg .80

Beignets

Small French/Cajun donuts served with powdered sugar.

Sm (5) 2.99 Reg (8) 3.99 Lg (12) 5.99

Rock Cafe prides in using the original grill in our kitchen from 1939. In 70+ years, Betsy the grill has seared over 5 million burgers and as many chicken fry's and other blue plate specials. She is one of the first known Wolfe grills and stretching at just under 4 feet long and 2 feet wide, its her weight and construction that makes her unique. Weighing at over 200 pounds and made of the highest grade stainless steel, she is indestructible. Betsy survived the devastating Rock Cafe fire that left only her and the four rock walls remaining. When asked what is the favorite food at the Rock Cafe, we like to say anything that comes off of Betsy. The care took in construction of her surface and the years of seasoning treats us all to a special food experience.

Appetizers

Chips & Salsa

Bottomless basket of homemade corn tortilla chips with spicy salsa. 5.99

Spaetzle & Cheese

Homemade, hand-cut German noodles topped with Cheddar & Jack cheeses. 4.99

Rock Cafe Spaetzle

We top these homemade German noodles with cheese, onions, bell peppers and tomatoes. 5.99

Fried Pickle Slices

Tangy slices of pickle dropped in a crunchy breading and fried. Served with ranch 4.50

Fried Green Tomatoes in season
4 served with ranch \$4.50

Cheese Fries

Crisp French fries loaded with Cheddar & Jack cheeses served with Ranch 3.50

Add chili for only 1.50



Burger Baskets

Burgers served with
french fries

Hamburger

A 1/4 pound burger topped with grilled onions, lettuce, tomato and pickles. 5.99
Add cheese for .50

Small Burger

A 1/8 pound burger with grilled onions and pickles. 3.99 Add cheese for .25 Add lettuce & tomato 1.00

Bacon Cheese Burger

A big burger with bacon, Cheddar cheese, lettuce, tomato, pickle and grilled onions. 6.99

Mushroom & Swiss Burger

A big burger smothered with mushrooms and Swiss cheese with lettuce, tomato, pickle and grilled onions. 6.99

Chili Cheese Burger

Our big burger covered with meaty chili, grilled onions and Cheddar and Jack cheeses. 6.99

Patty Melt

A 1/4 pound burger topped with grilled onions, Swiss cheese and pickles on rye bread. 6.99



Alligator Burger - When Available
100% alligator meat prepared like an old-fashioned salmon patty with a spicy kick. Served with lettuce, tomato and pickles. 8.50

Hot Dog

A quarter pound, all-beef hot dog with sweet relish and chopped onion. 4.50

Chili Dog

Our standard dog covered in chili. 4.99 Add shredded cheese for only .50

Kraut Dog

A quarter-pound, all-beef hot dog with mustard and sauerkraut. 4.99



Classic Sandwiches

Sandwiches served with
french fries

Buffalo Burger

A 1/4 pound of premium ground buffalo with lettuce, tomato, pickles and grilled onions. 8.50
Add cheese for only .50

Grilled Cheese

Your favorite cheese melted on white or rye bread. 3.99

Ham & American Sub

Deli-style ham stacked with American cheese, lettuce, tomato, onions and pickles on a white or wheat sub bun. 6.99

Turkey & Swiss Sub

Deli-style turkey stacked with Swiss cheese, lettuce, tomato, onions and pickles on a white or wheat sub bun. 6.99

BBQ Brisket Sub

Tender, smoked brisket topped with BBQ sauce, Cheddar & Jack cheeses and grilled onions on a white or wheat sub bun. 6.99

Chicken Club Sandwich

Tender breast of chicken with bacon, Cheddar and Jack cheeses, lettuce, tomato, onion and pickle on wheat, white, or rye. 8.50

Ham Club Sandwich

Deli-style ham with bacon, lettuce, tomato, pickle and onion on wheat, white or rye bread. 7.50

Grilled Chicken Sandwich

Grilled breast of chicken layered with lettuce, tomato, pickle and onion on wheat, white or rye bread. 7.50

Rock Cafe Reuben

Thinly sliced corned beef, sauerkraut, grilled onions, 1000 Island dressing and Cheddar & Jack cheeses on rye bread. 7.50

BLT

A real classic. White, wheat or rye bread. 5.50

Salads

Our selection of salad dressings includes:
**Ranch • **Honey Mustard • **1000 Island French •
Balsamic Vinaigrette
**made here at Rock Cafe

Chef Salad

Crisp salad greens are topped with ham, tomato, mushrooms, boiled egg, and Cheddar & Jack cheeses. 6.99

Crispy Chicken Salad

Tender bites of crispy fried chicken on top of crisp salad greens with mushrooms, tomatoes and Cheddar & Jack cheeses. 7.99

Grilled Chicken Salad

Flavorful grilled chicken on top of crisp salad greens with mushrooms, tomatoes, jack and cheddar cheeses. 6.99

Almond Chicken Salad

Fresh salad greens topped with tender grilled chicken, toasted sliced almonds, tomato, Parmesan cheese, best with honey mustard dressing. 7.50

Taco Salad

Corn tortilla chips topped with crisp lettuce, specially seasoned ground beef, tomato, Cheddar & Jack cheeses, beans, and onions. Salsa served upon request. 7.50

House Salad

Fresh salad greens with tomato, and Cheddar & Jack cheeses. 3.50

Side Orders

Potato Salad

Chips

Creamy Coleslaw

French Fries

Fried Okra

Green Beans

Fried Pickle Slices

Pinto Beans

Mashed Potatoes

Onion Rings

Fried Green Tomatoes (seasonal)

Did you know?

Route 66 crosses through 8 states and 3 time zones. According to most sources, Route 66 is 2448 miles long (about 4000 km). However, this is a rough approximation as the road has had many different alignments through the years.



Dinner Specials

Chicken Fried Steak

A tender breaded pork or beef cutlet fried to a golden brown and served with mashed potatoes and fried okra and white or brown gravy. 9.99

Jagerschnitzel & Spaetzle

A breaded and fried pork cutlet topped with a creamy bacon, onion and mushroom sauce served with our homemade spaetzle. 8.99

Hamburger Steak

One 8 ounces of premium ground beef, grilled to your liking and served with grilled onions, brown gravy and mashed potatoes or french fries 7.99

Smothered Chicken Breast

A lightly seasoned, grilled breast of chicken smothered with grilled bell peppers, mushrooms and Cheddar & Jack cheeses served with pinto beans and coleslaw 8.99

Chicken Bites & Gravy

Tender, bite-sized pieces of all-white-meat chicken that has been breaded and fried until crispy. Served with your choice of mashed potatoes or french fries and Ranch dressing or gravy. 7.99

Ham and Beans

A big bowl of traditional ham & beans will make you feel right at home. Served with old-fashioned cornbread. 5.99

Old Fashioned Hot Burger

Dawn calls this the heart attack! A 1/4 pound burger served on Texas toast and topped with French fries, grilled onions and brown gravy. 7.99

Chicken Quesadilla

Grilled chicken, onions, bell peppers, tomatoes and Cheddar & Jack cheeses tucked into a tender flour tortilla and grilled 'til the cheese is melted.
Sour cream & salsa upon request. 7.99
Add chili for only 1.99

Homemade Chili

A steaming bowl of our special recipe chili with good, old-fashioned cornbread. 6.99

Dawn's "Live Stronger" Section

After discovering Mark Sicon's Primal Nutrition philosophy, I was inspired to offer selections that reflect his basic principles on fats, protein and carbohydrates which will effect your overall health and happiness.

Bunless Buffalo Hamburger

1/4 lb. patty of lean organic buffalo served over lettuce, sautéed onions, mushrooms, pickles and cheese.

Comes with a side of Sauerkraut 8.99

Smothered Pork Cutlet

Unbreaded pork cutlet grilled and topped with mushrooms, onions, green peppers, and parmesan cheese served with green beans and garden salad 10.99



Desserts

Homemade Great Grandmom's

Peach Cobbler 2.50

Add a scoop of ice cream for .75

Bread Pudding w/ Rum Sauce

Homemade recipe from a true "Houma, Louisiana Cajun" Recipe 2.50

Add a scoop of ice cream for .75

Fried Apples

Mini apple turnovers then topped with powdered sugar. 3.00

Add a scoop of ice cream for .75

Ice Cream Float

Vanilla Ice Cream topped with our choice of soft drink 2.75

Beverages

Iced Tea

Sweet, Unsweetened
1.99

Lemonade

2.50

Coffee

.99

Fountain Drinks,

Coke, Diet Coke, Sprite, Dr. Pepper, Rootbeer,
Diet Dr Pepper

1.99

Orange Juice or V8 or Milk

1.99

Kids Menu

For children under the age of 12

Peanut Butter & Jelly
with potato chips. 3.00

Grilled Cheese Sandwich
with French fries. 3.50

Chicken Snakes
with French fries. 3.50

Hamburger
with French fries. 3.50

Hot Dog
with French fries. 3.50

