



Central  
405-843-7114

North  
405-463-5594

10:30 am to 9:00 pm • Monday thru Saturday

## Sandwiches

Served with home made dill pickles and our famous mustard potato salad!

- #1 **West Coast Turkey Club**  
with spinach, tomato, bacon, avocado, alfalfa sprouts & mayo on honey wheat.....\$7.95
- #2 **Seared Caribbean Jerk Chicken**  
with grilled onions, tomato, spring lettuce & Curry-lime mayo wrapped in flat bread.....\$7.95
- #3 **Blackened Salmon**  
with fresh spinach, tomato, red onion & horseradish sour cream on flat bread.....\$8.95
- #4 **Saturn's Grilled Chicken**  
Grilled chicken, spring lettuce, tomato, melted swiss & honey mustard on flat bread.....\$7.95
- #5 **Spicy Steak Sandwich**  
Thinly sliced beef with melted swiss, grilled onions, B-B-O mayo on flat bread.....\$8.95
- #6 **Italy's Best**  
Shaved ham, pepperoni, fresh mozzarella, parmesan, spring lettuce, tomato, onion, hot peppers, herb vinaigrette on flat bread.....\$7.95
- #7 **SBLT**  
Swiss cheese, bacon, spring lettuce, tomato & honey mustard on toasted honey wheat.....\$7.75

- #8 **Meatloaf Sandwich**  
Meatloaf seared on the flat-top grill with tomatoes, B-B-O mayo on flat bread.....\$7.95
- #9 **Portabella Mushroom Sandwich**  
Grilled portabella strips with fresh spinach, tomato, melted swiss & pesto mayo on flat bread.....\$7.95
- #10 **Grilled Veggie**  
Zucchini, portabella mushroom, red onion, red pepper, spinach, tomato & pesto mayo on flat bread.....\$7.75
- #11 **Chicken Salad Sandwich**  
slightly spicy & sweet chicken salad with fresh spinach & mayo on honey wheat.....\$7.75
- #12 **Spicy Turkey**  
Thinly sliced grilled turkey, bacon, melted swiss, grilled onion, hot peppers & red chili mayo on flat bread.....\$8.25

## Daily Specials

- #50 **Bowl of Soup**  
Selections posted daily.....\$3.95
- #51 **Soup & Salad**  
Your choice of any daily soup & any side salad.....\$7.75
- #52 **Triple Salad**  
Chicken salad, sweet strawberry / spinach salad & fresh fruit.....\$7.95
- #53 **Skinny Chick & Salad**  
Grilled chicken breast with any side salad.....\$8.25
- #54 **The Saturn Ring**  
One-half chicken salad sandwich, soup of the day, cookie & a drink.....\$8.95
- #56 **Fresh Fruit & Vanilla Yogurt**  
Horizon's organic yogurt with fresh fruit & granola.....\$4.95
- #57 **Half Sandwich with Soup or Salad**  
Your choice of any half-sandwich & any daily soup or any side salad.....\$7.95
- #58 **Skinny Salmon & Salad**  
Grilled salmon with your choice of any side salad.....\$8.95

## Salads

- #30 **Sweet Strawberries & spinach**  
Fresh spinach, strawberries, pecans & coconut tossed with lime poppy seed dressing.....\$7.95
- #31 **Tomato Mozzarella**  
Mixed green salad with tomatoes, fresh mozzarella, basil, extra virgin olive oil, pesto, parmesan & hand-ground black pepper with our vinaigrette.....\$7.95
- #32 **Classic Caesar**  
Grilled chicken, Romaine lettuce, Caesar dressing, parmesan cheese & black pepper.....\$7.95
- #34 **Fresh Fruit & Spinach Salad**  
Fresh-cut, seasonal fruit over spinach & drizzled with lime poppy seed dressing.....\$7.95
- #35 **Thai Broccoli Salad**  
Broccoli, spicy Thai noodles, Nappa cabbage, shaved carrots, green onion, cilantro, sesame & sunflower seeds tossed in a brown sugar-soy vinaigrette.....\$7.95
- #36 **Saturn's Mixed Green Salad**  
Mixed greens with tomato, cucumber, goat cheese, Kalamata olives & red onions topped with herbed vinaigrette.....\$7.95
- #37 **Grilled Salmon Caesar**  
Grilled Salmon, Romaine lettuce, Caesar dressing, parmesan cheese & black pepper.....\$8.95

## Desserts

- Chocolate Chip Bread Pudding**  
with our lovely caramel sauce.....\$3.95
- New Jersey Cheesecake**  
Smooth & creamy cheesecake topped with fresh strawberries & whipped cream.....\$3.95
- Assorted Cupcakes**  
Chocolate Mocha, Vanilla-Vanilla, Chocolate-Vanilla and Red Velvet.....\$2.50
- Original or Chocolate-Dipped Cannoli**  
Sweetened, whipped ricotta cheese, mini chocolate chips, a dash of cinnamon surrounded by a crisp pastry shell dusted with powdered sugar.....\$3.25
- Cookies**  
Several delicious selections.....\$1.50
- Brownies**  
Double-layer, Belgian chocolate filled.....\$3.95

## Pizza Pies

- #20 **Tomato Basil & Fresh Mozzarella**  
No sauce! Just tomato, basil & mozzarella cheese.....\$7.95
  - #21 **Pepperoni & Portabella Mushroom**  
Red sauce, pepperoni & portabella mushrooms.....\$7.95
  - #22 **Grilled Veggie Pie**  
Zucchini, red onion, red bell pepper, portabella mushrooms, spinach pesto & mozzarella.....\$7.95
  - #24 **Rustic Roman Pie**  
Red sauce, roma tomato, red onion, fresh basil, mozzarella, goat cheese & Kalamata olives.....\$7.95
  - #25 **Grilled Chicken Alfredo**  
Alfredo sauce, grilled chicken & mozzarella cheese.....\$7.95
  - #26 **Cheese Pizza**  
Red sauce, mozzarella & parmesan.....\$7.75
  - #28 **Italian Flag Pizza**  
Red sauce, pesto, fresh spinach, goat cheese & mozzarella cheese.....\$7.95
  - #29 **Shrimp Pizza**  
Sun dried tomatoes, mozzarella, garlic and basil.....\$8.95
- Add a small side salad with pizza.....\$1.95  
Add a regular side salad with pizza.....\$3.95

## Pastas

- #40 **Cheese Tortellini**  
with pesto cream sauce, sun-dried tomatoes, fresh spinach & parmesan.....\$7.95
  - #41 **Fettuccine Carbonara**  
with roasted garlic cream sauce, mushrooms, green peas, bacon, parmesan & fresh basil.....\$7.95
  - #42 **Penne Arrabiata**  
with spicy tomato-garlic sauce, fresh spinach, fresh basil, black olives, parmesan & extra-virgin olive oil.....\$7.75
- Add Chicken to any pasta or salad.....\$2.95  
Add Salmon to any pasta or salad.....\$3.95  
Add Shrimp to any pasta or salad.....\$3.95  
Add a small side salad.....\$1.95  
Add a large side salad.....\$3.95

## Kids Stuff

12 & under!

- Kids meals come with a fountain drink or Izzie and a cookie or fruit.....\$4.95
- #75 **Mini Cheese Pizza**
- #76 **Ham & Swiss on White with Mayo**
- #77 **Grilled Cheese**
- #78 **Triple-layer Peanut Butter & Jelly**

## Beverages

- Sodas - Coffee - Teas.....\$1.85
- Bottled Beverages.....\$1.00 - \$2.50